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A decade of Clostridioides difficile infection: a constant challenge to maintain the status quo

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CITATION

Skally, Mairead; Bennett, Kathleen; Burns, Karen; Brennan, Robert; Finn, Caoimhe; O'Connell, Karina; et al. (2023): A decade of Clostridioides difficile infection: a constant challenge to maintain the status quo. Royal College of Surgeons in Ireland. Journal contribution. https://hdl.handle.net/10779/rcsi.22263556.v1

HANDLE

10779/rcsi.22263556.v1

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https://repository.rcsi.com/articles/journal_contribution/A_decade_of_Clostridioides_difficile_infection_a_const ant_challenge_to_maintain_the_status_quo/22263556/1

A decade of *Clostridioides difficile* infection: A constant challenge to maintain the status quo

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PII: S0195-6701(23)00059-2

DOI: https://doi.org/10.1016/j.jhin.2023.02.008

Reference: YJHIN 6861

- To appear in: Journal of Hospital Infection
- Received Date: 21 December 2022

Revised Date: 16 February 2023

Accepted Date: 18 February 2023

Please cite this article as: Skally M, Bennett K, Burns K, Brennan R, Finn C, O'Connell K, Dinesh B, O'Donnell S, Fawley W, Wilcox M, Humphreys H, Fitzpatrick F, A decade of *Clostridioides difficile* infection: A constant challenge to maintain the status quo, *Journal of Hospital Infection*, https://doi.org/10.1016/j.jhin.2023.02.008.

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

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1	Title: /	A decade of <i>Clostridioides difficile</i> infection: A constant challenge to maintain the
2	status	quo
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4	Runni	ng Title: <i>C. difficile</i> infection over a decade
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32	Keywords: Clostridioides di	ifficile infection, CDI, hospital epidemiology,
33		

34 Word Count (excluding references, tables and figures): 2675 words

35 Abstract

36

Clostridioides difficile infection (CDI) is a leading cause of healthcare-associated (HA)
 diarrhoea. We retrospectively investigated data from a comprehensive, multidisciplinary *C. difficile* surveillance programme focusing on hospitalised patients in a tertiary Irish hospital
 over ten years.

41

Data from 2012 to 2021 were extracted from a centralised database, including patient
demographics, admission, case and outbreak details, ribotypes (RT), and (since 2016)
antimicrobial exposures and CDI treatments. Counts of CDI by origin of infection were
explored using χ2 analyses, Poisson regression used to investigate trends in rates of CDI and
possible risk factors. Time to recurrent CDI was examined by a Cox proportional hazards
regression.

48

Over 10 years, 954 CDI patients had a 9% recurrent CDI rate. CDI testing requests occurred
in only 22% of patients. Most CDIs were HA (82.2%) and affected females (OR 2.3 p<0.01).
Fidaxomicin significantly reduced the hazard ratio of time to recurrent CDI. No trends in HACDI incidence were observed despite key time-point events and increasing hospital activity.
In 2021 community-associated (CA)-CDI increased. RTs did not differ for HA versus CA for
the commonest RTs (014, 078, 005 and 015). Average length- of-stay differed significantly
between HA (67.1 days) and CA (14.6 days) CDI.

57	HA-CDI rates remained unchanged despite key events and increased hospital activity,
58	whereas by 2021, CA-CDI was at its highest in a decade. The convergence of CA and HA RTs,
59	and the proportion of CA-CDI, question the relevance of current case definitions when
60	increasingly patients receive hospital care without an overnight hospital stay.
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80 Introduction

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82	Clostridioides difficile infection (CDI) is a leading cause of healthcare-associated (HA)
83	diarrhoea ranging from 1.1 to 631.8 per 100,000 population globally [1]. CDI has been
84	classified as an urgent public health threat by the Centres for Disease Control and
85	Prevention and is associated with \$1 billion attributable healthcare costs [2]. In Europe, HA-
86	CDI infects one-in-twenty patients with HA infection, and is responsible for 48% of all HA
87	gastrointestinal infections [3].
88	
89	In Ireland, CDI has been a notifiable infectious disease since 2008 and HA-CDI rates per
90	10,000 bed days used (BDU) a national key performance indicator since 2014. In 2020, the
91	reported national HA-CDI rate was 2.4 /10,000 BDU [4]. Recent reports indicate reductions
92	in HA-CDI, with concurrent increases in community-associated (CA) CDI. Until 2022, Ireland
93	lacked a national C. difficile reference laboratory; hence information on circulating C. difficile
94	ribotypes (RT) is limited. Only 22% of CDI cases reported in Ireland in 2020 had associated
95	RT data, with 078, 014, 002 and 020 most common [4].
96	
97	Reported nosocomial CDI epidemiology tend to focus on shorter periods (e.g. three to eight
98	years) with mixed approaches to surveillance i.e. laboratory data only or combined
99	laboratory and clinical data. We aimed to retrospectively examine data trends from our
100	comprehensive multidisciplinary (MDT) CDI surveillance established in 2012 in our
101	institution, a tertiary hospital in Dublin, Ireland. Here our prospective data over a decade is
102	explored and predictor variables for first episode and recurrence investigated.

103 Methods

104

We conducted an observational cohort study investigating CDI data from hospitalised
inpatients prospectively captured and followed up between 2012 and 2021. The study was
approved by the Beaumont Hospital Ethics Committee (REC reference 19/33) and followed
STROBE guidelines [5].

109

Beaumont Hospital, Dublin is an adult tertiary referral centre with over 800 beds; 136 single 110 111 rooms, 77% with en suite facilities and 12 airborne isolation rooms. Most accommodation is 112 multi-occupancy, with one shared bathroom for up to six patients. Over the study period, there was a mean of 24,494 inpatient admissions annually; 76% acute (emergency) 113 admissions. In 2021, the proportion of acute admissions increased to 80%. The annual 114 average inpatient length-of-stay (LOS) over the study period ranged from 9.1 to 9.9 days 115 116 (mean 9.47 days). Annually, the average patient age ranged from 55.2 to 60.6 years (mean 57.8 years). 117 118

All stool samples which take the shape of the container, irrespective of clinician request, are tested daily on-site for *C. difficile*. In 2011, the laboratory introduced a two-step testing protocol of glutamate dehydrogenase (GDH) enzyme linked immunoassay, which if positive was followed by *C. difficile tcdB* PCR testing. In 2015, the protocol changed to *C. difficile tcdB* PCR and if positive, enzyme immunoassay (EIA) for *C. difficile* toxin.

125	All PCR positive results, irrespective of EIA result, are phoned daily by the clinical
126	microbiologist and significance determined with clinical teams. A treatment plan is advised
127	stratified by CDI severity and based on hospital prescribing guidelines. The infection
128	prevention and control (IPC) nurse visits the ward to advise on patient placement and IPC
129	precautions. The first positive faeces sample per patient is prospectively sent for RT (C.
130	difficile Ribotyping Network reference laboratory in Leeds, UK) and results reviewed to
131	determine any possible intra-hospital cross transmission. Multi-locus variable-number
132	tandem repeat analysis is used for outbreak investigations where common RTs are
133	identified or where an unusual RT appears, without obvious epidemiological links.
134	Outbreaks are declared when three of more CDI patients are identified in the same clinical
135	area and notified to public health. Outbreaks can be retrospectively identified or confirmed
136	on review of RT results. Outbreak summary data and the associated line list of cases are
137	stored in the centralised database.

138

The following data on *C. difficile* PCR positive samples are prospectively captured in a secure 139 centralised MDT CDI database: Patient demographics (age, sex, length of hospitalisation), 140 admission details (emergency/elective, admitting specialty), details of C. difficile testing 141 results and patient outcome at discharge. Assignments of CDI case type, origin (HA or CA), 142 onset and disease severity, as per national case definitions are discussed weekly by clinical 143 microbiology, IPC nursing and surveillance scientists, and agreed outcomes recorded in the 144 database (Appendix 1) [6]. Since 2016 during liaison with clinical teams regarding positive C. 145 difficile results, the clinical microbiologist records if patients had antimicrobial exposure (but 146 147 not the specific antimicrobial agents) in the three months before CDI onset and details of

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148	recommended CDI treatment. The CDI database is quality-assured monthly by a consultant
149	microbiologist and surveillance scientist. Data on concurrent enteric infections are not
150	captured in the CDI database hence were not examined.
151	
152	Data were extracted from the CDI database with, the following exclusion criteria:
153	- Repeat samples: a patient's CDI case classification remained unchanged from
154	preceding positive sample
155	- Patients who did not meet the CDI case definition
156	- Patients who were not admitted to hospital
157	- Patient less than 18 years of age
158	
159	Other data reviewed included BDU (used as denominator), average age and LOS by
160	specialty. Annual hospital activity data was calculated using the total number of admissions,
161	outpatient attendances, emergency department attendances and day cases.
162	
163	The first RT recorded per patient was included in RT analysis. The number of patients with a
164	RT per year were counted. The five dominant RTs were identified each year and resulting
165	data investigated for incidence patterns and trends over the 10 years.
166	
167	Patient age and sex as well as CDI onset, origin, admission type, C. difficile positive samples
168	in previous 12 weeks, antibiotics exposure in previous 12 weeks and patient specialty were
169	investigated for differences between the HA and CA-CDI cohorts using $\chi 2$ for categorical and
170	Wilcoxon rank sum test for continuous variables. Predictors of new CDI were investigated

171	using Poisson regression analysis and results presented as adjusted incidence rate ratios
172	(IRRs) with 95% confidence intervals (CI). To examine time to recurrence of CDI a Cox
173	proportional hazards regression was used. For those without recurrent CDI, data was
174	censored at date of data extraction (March 2022). Adjusted hazard ratios (HR) and 95% CI
175	were calculated for each predictor. All analysis were performed using Stata version 16.1.
176	Significance at p < 0.05 was assumed.
177	
178	Results
179	
180	There were 954 patients with a new CDI and 87 (9%) with a recurrent CDI. The majority
181	were HA-CDI (n=781, 82.2%) (Table I). <i>C. difficile</i> testing was requested in only 214 (22.4%)
182	cases, active screening of all diarrhoeal samples for CDI identified the remainder. Forty-six
183	(4.8%) patients had a positive <i>C. difficile</i> laboratory result that did not meet the case
184	definition in the preceding 12 weeks. After clinical liaison, anti-CDI treatment was
185	recommended in 10 patients (fidaxomicin n=1, vancomycin n=1 and metronidazole=8).
186	These patients would have been isolated/cohorted as per IPC policy if ongoing diarrhoea.
187	CA-CDI was more likely in females (odds ratio (OR) 2.27 p<0.01).
188	
189	The mean LOS of CDI patients was 57.9 days (interquartile range (IQR) 11 to 60 days) which
190	differed significantly between HA and CA cohorts (p<0.01). Patients over 70 years accounted
191	for greater than 60% of all CDI cases. The average age of CA-CDI patients was nearly 10

- 192 years younger than HA-CDI (62 years versus 71 years, p<0.01). Acute admissions (87.2%) and
- 193 healthcare-onset (78.5%) were observed in the majority of cases. In 7.9% of HA-CDI

194	community onset was observed indicating patients recently discharged (in the previous four
195	weeks) from a healthcare facility presented with CDI. Approximately 2% of cases developed
196	severe CDI which was similar in both CA (1.8%) and HA-CDI (2.3%). The all-cause inpatient
197	mortality rate of CDI was 16.5%. This varied by origin (6.5% CA-CDI, 18.6% HA-CDI).
198	
199	From 2016 to 2021, CDI treatment data was available for 551 patients (57.7% of all patients
200	reviewed) with 300 of 451 HA-CDI (66.5%) and 57 of 100 CA-CDI (57.0%), respectively,
201	prescribed fidaxomicin. Metronidazole was prescribed for 79 (17.5%) HA-CDI and 18 (18.0%)
202	CA-CDI, vancomycin for 70 (15.5%) HA-CDI and 25 (25.0%) CA-CDI and combination therapy
203	of vancomycin and metronidazole for two (0.4%) HA-CDI. No combination therapy was
204	prescribed for CA-CDI. Patients who had received recent antibiotics were five times more
205	likely to develop CDI than those who did not. Of patients with recurrent CDI, 38.7% received
206	metronidazole, 35.4% received fidaxomicin and 22.6% received vancomycin as first line
207	treatment. First line treatment was not known in 3.2% of cases.
208	
209	General medicine (27.04%) and general surgery (21.70%) specialties had the greatest
210	burden of CDI patients, followed by medicine for the elderly (MFTE) (13.42%). When
211	compared to CA-CDI, HA-CDI dominated across all specialties, accounting for 100% of cases
212	in neurosurgical patients, 92.19% of MFTE and 85.95% of renal patients. Gastroenterology
213	patients (36.21%) had the highest proportion of CA-CDI.
214	

Poisson regression analysis and adjusted IRRs investigating risk factors for new CDI cases are
presented in Table II. HA-CDI and acute admission significantly increased the IRR for new

217	CDI. Surgical and general medical patients had CDI rates comparable with MFTE, with
218	significantly less CDI in neurosurgical patients. Wilcoxon rank-sum tests indicated that age
219	and LOS were significantly associated with new CDI (p<0.01).
220	
221	RT was performed for 95% of patients with 126 different RTs identified. Figure 1 presents
222	the five dominant RTs identified each year. RT014 and RT002 predominated. Other common
223	RTs year on year included; 078, 005, 015 and 020 with no evident patterns according to case
224	type and origin.
225	
226	CDI recurrence occurred in 9.1% (n=87, one severe CDI), with a 1.5 1.0 female-to-male ratio
227	and an average age of 74.4 years (IQR 68 – 85) years. Most patients had one recurrence (n=
228	68, 78.16 %) and 19 (21.84%) had two or more recurrences. Cox regression analysis showed
229	use of fidaxomicin as first-line treatment significantly reduced the HR in recurrent CDI
230	patients to 0.54 (C.I. 0.3 -0.9). No other significant factor was identified.
231	
232	Numbers of new CDI patients ranged from 100 (2017) to 236 (2019) annually. Figure 2
233	displays rates of HA and CA-CDI and hospital activity data over the decade. No overall
234	significant trend in either HA or CA-CDI was found despite key time-point events including
235	introduction of HPV decontamination and changes to a more sensitive laboratory testing
236	protocol. The rate of CA-CDI was at its highest in 2021. Hospital activity data increased by
237	21% between 2012 and 2021. No significant trends in seasonality were found however
238	monthly averages of HA-CDI were highest in January, March and July. CA-CDI was highest in
239	July to September. Regression analysis indicated no significant trends in either cohort.

240	
241	Twenty-seven CDI outbreaks were managed over the decade with no year without a CDI
242	outbreak (Table III). The mean number of patients and wards per outbreak was 18 and
243	three. Annually the number of outbreaks ranged from one to six. The greatest burden was
244	observed in 2012 (six outbreaks in six wards with 36 patients), 2015 (six outbreaks over
245	eight wards and 21 patients) and in 2019 there were two outbreaks of which one was
246	hospital-wide with 62 patients affected. A single RT was identified in the majority of
247	outbreaks (66%) with mixed RTs in the remaining third.
248	
249	Discussion
250	
251	CDI remains a significant patient safety and IPC issue. In our hospital, HA-CDI rates have
252	remained broadly unchanged despite key time-point events, changeover to a more sensitive
253	laboratory testing algorithm and increasing hospital activity. CDI continues to impact our
254	more vulnerable and older patients with longer LOS. One in ten patients experienced
255	recurrent CDI, with one in twenty having two or more recurrences. Fidaxomicin treatment
256	reduced the likelihood of recurrent CDI. The recent increase in CA-CDI requires further
257	investigation, although it might reflect the impact of the COVID-19 pandemic on healthcare
258	access and antimicrobial utilisation outside the hospital setting. The majority of CA-CDI and
259	over one-in-twenty HA-CDI have symptom onset in the community, highlighting the need
260	for ongoing CDI awareness efforts outside the hospital setting. The cause of observed sex
261	differences in CA-CDI is unclear and requires further investigation.
262	

The factors that contribute to CDI rates in a hospital are complex and include laboratory 263 protocols for *C. difficile* detection. International guidelines recommend testing all diarrhoeal 264 265 samples for C. difficile irrespective of clinician request [7]. Indeed, most CDI cases would 266 have been missed if we had not adopted a universal testing approach. CDI under-diagnosis presents a significant transmission risk, especially in hospitals with multi-bedded wards and 267 shared bathrooms. Patients with C. difficile detected but not meeting the case definition in 268 269 the previous 12 weeks appeared to be protected against subsequent CDI. This may reflect colonisation with non-toxigenic *C. difficile* which can prevent subsequent CDI. Alternatively 270 increased CDI awareness in these particular patients may results in more focused 271 272 antimicrobial stewardship efforts [8]. One-in-five patients had community-onset CDI (the majority CA-CDI) and were diagnosed first when admitted to hospital. CDI under diagnosis 273 presents unique challenges in the community. Absence of clinical suspicion accounted for 274 275 three times more undiagnosed CDI in the community compared with hospitals in a recent 276 study in 12 European countries [9]. It is therefore important that in the post-pandemic era, CDI awareness remains a focus in all healthcare settings. During the decade our laboratory 277 278 switched from GDH to PCR as the first test in the two –step testing algorithm. PCR as a more sensitive first test could have impacted CDI rates [10]. Indeed, previous studies have 279 reported significant increases in HA-CDI rates when laboratory testing moves to molecular 280 281 methods [11, 12]. However, our remaining post-analytical processes remained unchanged 282 including daily clinical liaison to determine significance of positive results and weekly IPCT sign-off of CDI cases. This along with intensive IPC efforts likely contributed to the broadly 283 unchanged HA-CDI rates in this study. 284

285

286	
287	Increasing age is a widely-reported CDI risk factor [13]. In our study, patients with CA-CDI
288	and neurosurgical patients with CDI were younger. Sex differences in CDI hospitalisation
289	rates and in colonisation with non-toxigenic C. difficile/CDI risk have been described
290	previously [14, 15]. In the Netherlands, hospitalised patients with CO-CDI tended to be
291	younger and female [16]. Likewise, in a US population-based study, CA-CDI patients tended
292	to be younger and female (76%) [17]. Female gender was one of the commonest risk
293	factors for new CDI in a recent systematic review [1]. However, the reasons behind this
294	remain unclear. In our study, significant sex differences in CA-CDI, but not HA-CDI were
295	found. Sex differences in health seeking behaviour and healthcare utilization may be one
296	reason for this discrepancy, although further investigation is required [18, 19].
297	
298	Medical and surgical patients had CDI rates similar to MFTE, which likely reflects the age
299	groups in the hospital catchment area. In contrast, CDI was significantly less common in
300	neurosurgical patients, who were the youngest cohort, with age differences between
301	neurosurgical patients with and without CDI patients less pronounced. Gastroenterology
302	patients had the highest proportion of CA-CDI. Additional information on concurrent
303	gastrointestinal conditions such as inflammatory bowel disease is not captured in the CDI
304	database. CDI status (if gastrointestinal symptoms are determined due to C. difficile) and
305	patient management are agreed during liaison with the gastroenterology clinical team.
306	
307	CDI displayed seasonality, peaking in spring with a reduction in summer/autumn [20]. This

could be attributed to antibiotic prescribing during the winter influenza season. HA-CDI

308

309 seasonality observed in our study may also reflect trainee doctor changeover periods (typically January and July), where new staff may take time to become familiar with local 310 311 antimicrobial stewardship policies. Without further investigation, the seasonal pattern of CA-CDI peaking in summer/autumn is difficult to explain. 312 313 The most common RTs in our study were similar to those previously reported and except for 314 315 the 2019 RT002 outbreak, the most common circulating RTs remained generally stable [4, 21]. An increase in RT002 was also noted at a national level between 2018 and 2019 316 317 however returned to baseline prevalence in 2020 [4]. RT078 was common year-on-year, but notably RT027 was absent over the decade. The CA-CDI cohort is not a true representation 318 of CA-CDI, as our study was confined to hospitalised patients. However, the similarity of 319 dominant RTs between HA-CDI and CA-CDI raises questions as to the exposure and 320 interaction of CA-CDI patients with healthcare facilities and the reliability of CDI origin case 321 definitions which required an overnight hospital stay for HA-CDI case classification [6]. With 322 increases in day-case hospital care, this may require reconsideration. 323 324 Recurrent CDI is associated with higher healthcare costs and prolonged hospital stay [22]. 325 CDI recurrence rates vary with ribotype, although are generally 15-30% [23]. Risk factors for 326 327 recurrence in hospitalised patients include; prior/current antimicrobials, older age and LOS 328 [24]. Ten percent of our patients developed recurrent CDI which was generally HA, with a fifth having two or more recurrences. Fidaxomicin treatment was the only significant factor 329 that reduced the likelihood of recurrence. This has been reported in other studies and was 330

one factor favouring fidaxomicin as first line therapy in recent guidelines [25].

333 CDI IPC is challenging especially in a hospital with predominant multi-bedded bays such as 334 ours. Despite rigorous local CDI IPC and surveillance programmes, several key time-point 335 events and increased hospital activity, the overall HA-CDI rate has not changed, whereas CA-CDI more recently reached the highest rate in a decade. The COVID-19 pandemic brought 336 significant changes to the healthcare services worldwide, including our hospital. Despite 337 338 initial reported CDI decreases [26], HA-CDI has rebounded to pre-pandemic levels, along with hospital activity, similar to that reported in Canada [27]. In the UK, over the pandemic, 339 significant increases in CA-CDI and HA-CDI were reported with a marked increase in CDI case 340 341 fatality if recent COVID-19 [28, 29]. Our recent increase in CA-CDI may be accounted for by a number of potential factors including, delays in diagnosis (difficulty accessing primary 342 healthcare; inadequate access to C. difficile testing because of the focus on SARS-CoV-2 343 testing), the increased incidence of respiratory illness leading to more antimicrobial 344 345 prescribing after the relaxation of lockdown measures, increased CDI risk and/or factors such as frailty and comorbidity as a consequence of lockdowns. Education among primary 346 care teams is important to ensure that CDI is part of the differential when investigating 347 diarrhoeal symptoms, particularly when the patient has been recently discharged from a 348 349 healthcare facility or has accessed healthcare in the community such as attending a day 350 centre.

351

Limitations to this study include; its single site limiting the generalisability, inclusion of only hospitalised patients, lack of follow-up post-discharge, which may have impacted recurrent CDI rates, lack of detail regarding patient comorbidity and prior antimicrobials, follow-up

332

355	outcome data and antimicrobial susceptibility of <i>C. difficile</i> isolates. However, the strength
356	of this study is the robustness of analysed data. All patients with a positive C. difficile result
357	were prospectively assessed by the same MDT resulting in real-time allocation to
358	standardised case type designation, which were subsequently validated weekly by the IPCT,
359	RT was performed on all positive samples by the same laboratory and the CDI database was
360	prospectively quality-assured monthly.

361

CDI control remains a constant challenge. We maintained the status quo despite significant 362 increases in hospital activity with ongoing IPC interventions underpinned by prospective 363 surveillance. Our findings reinforce the importance of testing all diarrhoeal specimens for C. 364 *difficile* irrespective of request and of prospective surveillance to provide local information 365 in real-time for MDT action. The recent increase in CA-CDI highlights a need to raise 366 367 awareness of CDI among community based healthcare workers. The convergence of CA and 368 HA RTs, and the proportion of CO and CA-CDI, question the relevance of current CDI case definitions which require hospital admission for HA-CDI, when increasingly patients receive 369 hospital care without an overnight hospital stay 370 371

372 Acknowledgements

Nora Hourigan, Business Intelligence Manager, and Colette Dunne, Beaumont Hospital, and
 staff in Management Information.

375

376 Funding

377 MS was supported by an unrestricted educational grant from Tillots Pharma

378

379 Conflicts of Interest

- 380 HH has received research grants from Pfizer and Astellas and has been a recipient of a
- 381 consultancy fee from Pfizer

- 383 MW has received consulting fees from the following: AiCuris, Bayer, Crestone, Da Volterra,
- 384 Deinove, EnteroBiotix, The European Tissue Symposium, Ferring, GSK, Menarini, Merck,
- 385 Nestlé, Paion, Paratek, Pfizer, Phico Therapeutics, Qpex Biopharma, Seres, Surface Skins,
- 386 Summit, Tillotts, Vaxxilon/Idorsia and Vedanta; Lecture fees from GSK, Merck, Pfizer, Seres
- 387 & Tillotts; and Grant support from Almirall, Da Volterra, EnteroBiotix, GSK, Merck,
- 388 MicroPharm, Nabriva, Paratek, Pfizer, Seres, Summit, The European Tissue Symposium and
- 389 Tillotts.
- 390
- 391 FF has received research grant support and been a recipient of a consultancy fee from Tillots
- 392 Pharma

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Journal Pre-proof

Table I: Healthcare versus community acquisition of 954 patients with first episode of

Clostridioides difficile infection (new CDI), from 1st January 2012 to 31st December 2021,

Beaumont Hospital, Dublin.

	Total Patients N (%)	Community acquired (CA) – CDI N (%)	Healthcare acquired (HA) -CDI N (%)	HA vs CA -CDI Odds Ratio (95% Confidence Interval)
New CDI	954	169 (17.79)	781 (82.21)	
Recurrent CDI	87 (9.12)	7 (8.05)	80 (91.95)	
Clinician CDI test request	214 (22.43)	25 (14.79)	189 (24.08)	1.83
Faecal specimens tested	740 (77.57)	144 (85.21)	596 (75.91)	(1.16 - 2.88)
(no CDI request) [#]				
Previous positive result	46 (4.82)	2 (1.18)	44 (5.61)	4.96
that did not meet the				(1.18 - 20.76)
case definition* #				
Female [#]	541 (56.71)	122 (72.19)	419 (53.38)	2.27 (1.57 - 3.27)
Male	413 (43.29)	47 (27.81)	366 (46.62)	, , , , , , , , , , , , , , , , , , ,
Admission type				
Emergency #	833 (87.32)	156 (92.31)	677 (86.24)	0.52 [#] (0.29 -0.95)
Elective	121 (12.68)	13 (7.69)	108 (13.79)	(0.25 0.55)
Healthcare onset CDI [#]	749 (78.51)	26 (15.38)	723 (92.10)	64.14 (32.79 - 129.40)
Community onset CDI	205 (21.49)	143 (84.62)	62 (7.90)	
Admission Specialty [#]				
Gastroenterology	116 (12.16)	42 (36.21)	74 (63.79)	
Medicine for the elderly (MFTE)	128 (13.42)	10 (7.81)	118 (92.19)	

Journal Pre-proof							
	Total Patients N (%)	Community acquired (CA) – CDI N (%)	Healthcare acquired (HA) -CDI N (%)	HA vs CA -CDI Odds Ratio (95% Confidence Interval)			
General medicine	258 (27.04)	53 (20.54)	205 (79.46)				
Renal	121 (12.68)	17 (14.05)	104 (85.95)				
Neurosurgery	49 (5.14)	0	49 (100)				
Oncology	75 (7.86)	9 (12.00)	66 (88.00)				
General surgery	207 (21.70)	38 (18.36)	169 (81.64)				

CI: Confidence Interval

IQR: interquartile range

*Positive C. difficile laboratory results that did not meet CDI case definition (DNMCD) in the preceding 12 weeks ı bır

[#]Indicates significance, p<0.05

Table II: Poisson regression analysis (adjusted incidence rate ratio and 95% confidence interval) investigating risk factors of 954 patients for the first episode of *Clostridioides difficile* infection, from 1st January 2012 to 31st December 2021, Beaumont Hospital, Dublin

	Adjusted incidence rate	95% Confidence Interval
	ratio (IRR)	
Clinician request for <i>C. difficile</i> test [#]	0.73	(0.63 – 0.85)
(no CDI request – reference group)		
Previous positive result*#	0.45	(0.33 – 0.60)
Sex Female	0.92	(0.81 – 1.05)
Male		
Admission type [#] Emergency	1.56	(1.28 – 1.89)
Elective	0	
Healthcare onset CDI [#]	1.37	(1.12 – 1.67)
Admission Specialty Gastroenterology	0.79	(0.61 – 1.02)
Medicine for the elderly	· -	-
General medicine	1.19	(0.96 – 1.49)
Rena	l 0.79	(0.62 – 1.02)
Neurosurgery [*]	[#] 0.64	(0.45 – 0.90)
Oncology	0.76	(0.56 – 1.01)
General surgery	0.94	(0.75 – 1.18)

*Positive C. difficile results in the 12 weeks prior to onset of first CDI

- Reference group

[#]Indicates significance, p<0.05

Table III: Summary of Clostridioides difficile infection (CDI) outbreaks in Beaumont

Hospital by year, 2012 to 2021

Year	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
CDI outbreaks	6	1	2	6	3	1	4	2	1	1
CDI cases associated	36	5	8	21	16	3	15	62	6	7
with outbreaks										
Number of wards	6	1	3	8	3	1	4	HW*	1	1
affected										
Minimum number of	2	n/a	2	2	3	n/a	3	4	n/a	n/a
patients										
Maximum number of	11	n/a	6	7	9	n/a	8	62	n/a	n/a
patients										

*HW – Hospital wide ribotype 002

n/a – Not applicable

Figure 1: Frequency of the top five *Clostridioides difficile* ribotypes (RT) annually, from 1st January 2012 to 31st December 2021, Beaumont

Hospital, Dublin.

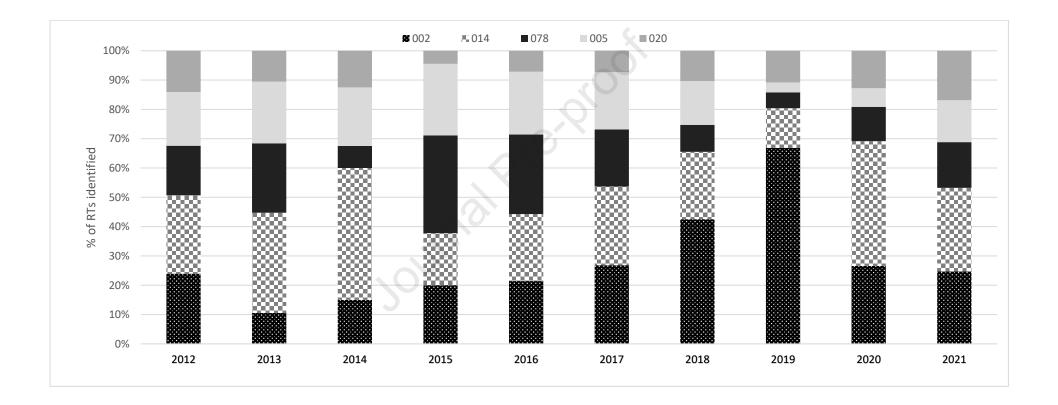
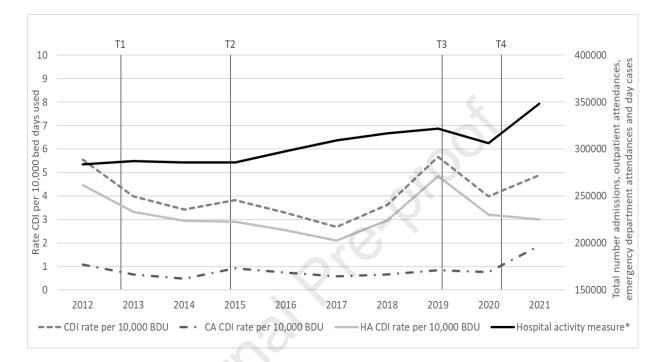


Figure 2: *Clostridioides difficile* infection (CDI) by quarter and case type (healthcare, HA and community acquired, CA CDI) per 10,000 bed days used (BDU) in relation to key timepoint events (T1-T4)and hospital activity data from 1st January 2012 to 31st December 2021, Beaumont Hospital, Dublin.



T1 - Q1 2013: Hydrogen peroxide vapour (HPV) decontamination of single rooms once vacated by CDI patients

- T2 Q1 2015: CDI patient ward review by clinical microbiologist. Introduction of PCR/EIA testing algorithm. Fidaxomicin as first line anti-CDI treatment. Rolling ward programmes for commode, mattress and bedpan replacement.
- T3 Q1 2019: Hospital wide outbreak of RT002
- T4 Q2 2020: COVID-19 pandemic

*Hospital activity is the annual total number of admissions, outpatient attendances, emergency department attendances and day cases