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Alpha-1 antitrypsin deficiency: A conformational disease associated with lung and liver manifestations

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Summary Alpha-1 antitrypsin (A1AT) is a serine anti-protease produced chiefly by the liver. A1AT deficiency is a genetic disorder characterized by serum levels of less than 11 $\mu\text{mol/L}$ and is associated with liver and lung manifestations. The liver disease, which occurs in up to 15% of A1AT-deficient individuals, is a result of toxic gain-of-function mutations in the A1AT gene, which cause the A1AT protein to fold aberrantly and accumulate in the endoplasmic reticulum of hepatocytes. The lung disease is associated with loss-of-function, specifically decreased anti-protease pro-

tection on the airway epithelial surface. The so-called 'Z' mutation in A1AT deficiency encodes a glutamine-to-lysine substitution at position 342 in A1AT and is the most common A1AT allele associated with disease. Here we review the current understanding of the molecular pathogenesis of A1AT deficiency and the best clinical management protocols.

Abbreviations

A1AT	alpha-1 antitrypsin	34
ATRA	all <i>trans</i> -retinoic acid	36
BAL	bronchoalveolar lavage	38
COPD	chronic obstructive pulmonary disease	40
EDEM	ER degradation-enhancing α -mannosidase-like protein	42
eIF2 α	translation initiation factor e2- α	44
EOR	ER overload response	46
ER	endoplasmic reticulum	48
ERAD	ER-associated degradation	50
ERSE	ER stress response element	52
FENIB	familial encephalopathy with neuroserpin inclusion bodies	54
FEV1	forced expiratory volume in 1 second	56
FVC	forced vital capacity	57
GOLD	Global initiative for Chronic Obstructive Lung Disease	58
HRCT	high-resolution computed tomography	60
Ire1	inositol-requiring kinase 1	62
NE	neutrophil elastase	64
PERK	PKR-like ER kinase	66

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74	PR-3	proteinase-3	129
76	RNAi	RNA interference	130
78	siRNA	small interfering RNA	131
80	TMAO	trimethylamine oxide	132
82	UPR	unfolded protein response	133
84	UPRE	unfolded protein response element	134

87 Introduction

88 Alpha 1-Antitrypsin (A1AT) deficiency (OMIM
89 +107400) is a lethal hereditary disorder characterized
90 by low plasma levels of A1AT (Laurell and Eriksson
91 1963). The condition is associated with a substantially
92 increased risk for the development of pulmonary
93 emphysema by the third or fourth decade of life and
94 is also associated with risks for development of hepatic
95 disease, cutaneous panniculitis, arterial aneurysm,
96 bronchiectasis, and renal disease. A1AT deficiency is
97 a genetic disorder characterized by misfolding of the
98 A1AT protein and it belongs to a class of genetic
99 diseases associated with aberrant protein folding which
100 are collectively known as conformational disorders.

101 A1AT

102 The A1AT gene is a 12.2-kilobase-pair gene composed
103 of 7 exons and 6 introns, encoded by the protease
104 inhibitor (Pi) locus located on chromosome 14q32.1
105 (Darlington et al 1982; Schroeder et al 1985). The gene
106 is expressed in cells of several lineages, with expression
107 being highest in hepatocytes (Rogers et al 1983). This
108 is consistent with the fact that A1AT is an acute-phase
109 reactant. Translation of the gene results in a 418-
110 amino-acid protein that includes a signal peptide. The
111 A1AT protein is glycosylated and posttranslationally
112 modified in the endoplasmic reticulum (ER) and its
113 carbohydrate side-chains are modified in the cis-Golgi
114 apparatus before being packaged and released. The
115 final product of the gene is a 52 kDa glycosylated
116 protein. Serum A1AT is almost totally derived from
117 hepatic production; however, A1AT is also actively
118 transcribed and secreted by other cells, including
119 mononuclear phagocytes, enterocytes, renal parenchymal
120 cells and intestinal epithelium (Carlson et al 1988;
121 Molmenti et al 1993).

122 A1AT is the archetype of the serine protease
123 inhibitor or serpin superfamily, members of which
124 have closely related structures and functions. A1AT
125 has a structural conformation that allows it to tightly
126 grasp and pseudo-irreversibly inhibit serine proteases
127 including neutrophil elastase (NE), cathepsin G and
128 proteinase 3 (PR-3) (Carrell 1986). A1AT functions by

presenting its reactive centre residue on an exposed
loop of the molecule such that it forms an ideal
substrate for proteolytic enzymes. The exact fit be-
tween enzyme and inhibitor results in a tightly bound
complex, which inhibits the enzyme and allows it to be
eliminated from the circulation.

Genetics of A1AT deficiency 135

136 Since Laurell and Eriksson (1963) first made the
137 association between low levels of A1AT protein and
138 emphysema we have learned a considerable amount
139 about the genetic mechanisms underlying this under-
140 diagnosed disease. A1AT deficiency is a classic mono-
141 genic disorder. The A1AT gene is highly pleomorphic,
142 with approximately 100 alleles identified to date.
143 Variants are inherited in an autosomal co-dominant
144 fashion, i.e. the products of both alleles are expressed,
145 and the protein phenotype is classified according to the
146 ‘Pi’ system, as defined by plasma isoelectric focusing.

147 A1AT genotypes that confer an increased risk for
148 developing pulmonary emphysema and/or liver disease
149 are those in which deficiency or null alleles are
150 combined in homozygous or heterozygous states, and
151 encode A1AT plasma levels below a protective
152 threshold of 11 $\mu\text{mol/L}$ (Crystal 1998). On the basis
153 of plasma levels and function of A1AT, variants are
154 categorized as follows: (a) Normal: commonly M types
155 which account for 95% of alleles in caucasian individ-
156 uals and are characterized by normal plasma levels
157 (more than 20 $\mu\text{mol/L}$); (b) Deficient: ZA1AT is a
158 common deficiency variant, with plasma levels of
159 homozygotes in the range of 5–6 $\mu\text{mol/L}$. The ‘S’
160 variant is also common and PiSS individuals have
161 A1AT plasma levels of 8–11 $\mu\text{mol/L}$; (c) Null: these
162 are variants associated with no detectable circulating
163 A1AT in the plasma and are not associated with liver
164 disease, e.g. QO_{lisbon}, a Thr68Ile exon II mutant; or
165 (d) Dysfunctional: the unique Pittsburgh mutation
166 (Met358Arg) which converts A1AT into an inhibitor
167 of thrombin rather than elastase (Owen et al 1983).
168 Null and dysfunctional mutations are rare. The major-
169 ity of patients with A1AT deficiency are usually either
170 homozygous or heterozygous PiZ or PiS.

171 The distribution of A1AT variants probably reflects
172 the genetic origins of the disorder. The highest
173 incidence of A1AT deficiency is in Europe, with up
174 to 6% of people of European descent carrying at least
175 one copy of the S gene and 3–4% carrying at least one
176 copy of the Z variant (Hutchison 1990; de Serres
177 2002). The highest prevalence of the Z allele is in
178 northern and western European countries with a mean

179 gene frequency of 0.014 or 14 per 1000, which using
 180 Hardy–Weinberg principles would yield an estimated
 181 ZZ homozygote prevalence of 1 in 5000 (de Serres
 182 2002). The highest frequency of PiS is found in
 183 southern Europe, particularly in the Iberian Peninsula,
 184 suggesting that the mutation is likely to have arisen in
 185 that region. The mean gene frequency of PiS in
 186 southern Europe is 0.056 or 56 per 1000, yielding an
 187 estimated SS homozygote prevalence of 1 in 320
 188 (Hutchison 1998). It must also be remembered that
 189 these gene frequencies vary widely as A1AT deficiency
 190 is so under-recognized.

191 **Molecular basis of A1AT deficiency**

192 Specific mutations of the A1AT gene that occur
 193 include base substitutions, in-frame deletions, frame-
 194 shift mutations and exon deletions. The medically
 195 interesting variants associated with deficiency, are
 196 the S and Z genes commonly found in Europeans and
 197 the uncommon Null (non-production gene). Both
 198 S and ZA1AT result from single amino acid sub-
 199 stitutions. In the S variant there is a substitution
 200 of a valine residue for glutamate at position 264
 Q4201 (Val264Glu) (Curiel et al 1989). The Z mutation
 202 (Glu342Lys) results from the substitution of a posi-
 203 tively charged lysine for a negatively charged gluta-
 204 mine at the base of the reactive centre loop. This
 205 mutation distorts the relationship between the loop
 206 and the β -pleated ‘A’ sheet that forms the major
 207 feature of the molecule. The consequent perturbation
 208 in structure allows the loop of one molecule to interlock
 209 with the ‘A’ sheet of another to form fibril-like
 210 polymers (Lomas et al 1992). The formation of these
 211 loop–sheet polymers is temperature- and concentra-
 212 tion-dependent and is likely to occur in the ER of
 213 hepatocytes. Chains of polymers become interwoven
 214 to form insoluble inclusions that are the pathological
 215 hallmark of A1AT liver disease (Fig. 1). Recent
 216 evidence has indicated the possibility of polymer

formation outside the hepatocyte (Elliott et al 1998;
 Janciauskiene et al 2002; Mulgrew et al 2004).

A1AT as a conformational disease

A1AT deficiency is classed among a group of disorders
 referred to as ‘conformational diseases’ (Carrell and
 Lomas 2002). Conformational diseases are caused by
 mutations altering the folding pathway or the final
 conformation of a protein. Many such diseases are
 caused by mutations in secretory proteins and range
 from metabolic diseases such as diabetes to neurolog-
 ical conditions such as Alzheimer disease. Other
 conformational diseases include cystic fibrosis and
 hereditary haemochromatosis, which are also associat-
 ed with intracellular accumulation of misfolded pro-
 teins and ER stress (Knorre et al 2002; Kudo et al
 2002; Lawless et al 2007). A subclass of conformational
 disease includes the serpinopathies and is associated
 with abnormal β -strand linkages in serine proteinases.
 ZA1AT deficiency is the paradigm for these diseases,
 which include thrombosis, angio-oedema and emphy-
 sema due to loss-of-function of antithrombin, C1
 inhibitor and alpha-1 antichymotrypsin, respectively,
 and the recently characterized gain-of-function demen-
 tia ‘familial encephalopathy with neuroserpin inclu-
 sion bodies’ (FENIB) (Miranda et al 2004).

ER stress occurs as a result of an imbalance
 between the ER protein folding load and the ability
 to process the load, and is characterized by a number
 of intracellular responses (Fig. 2). These are distinct
 but not exclusive, and include the ER overload
 response (EOR), the unfolded protein response
 (UPR) and apoptosis (Fig. 2).

EOR

The EOR pathway culminates in activation of the
 transcription factor NF κ B. Latent NF κ B resides in the
 cytosol, complexed to its inhibitor I κ B. Activation by a

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Fig. 1 Diastase-resistant periodic acid–Schiff-stained liver section from a ZA1AT-deficient individual showing A1AT deposits

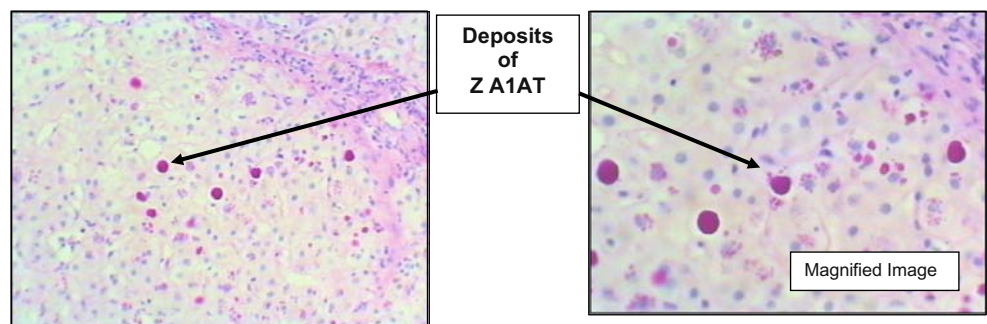


Fig. will appear colour online but black and white in print unless you request otherwise and editors agree

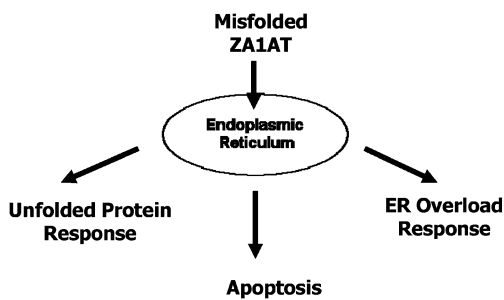


Fig. 2 Stress responses induced by accumulation of misfolded proteins in the ER

253 variety of stimuli, including accumulation of misfolded
 254 proteins in the ER, leads to phosphorylation and
 255 degradation of I κ B and nuclear translocation of NF κ B.
 256 This culminates in expression of NF κ B-regulated genes.
 257 Expression of ZA1AT has been shown to activate
 258 NF κ B and induce expression of interleukin-6 and
 259 interleukin-8 (Lawless et al 2004).

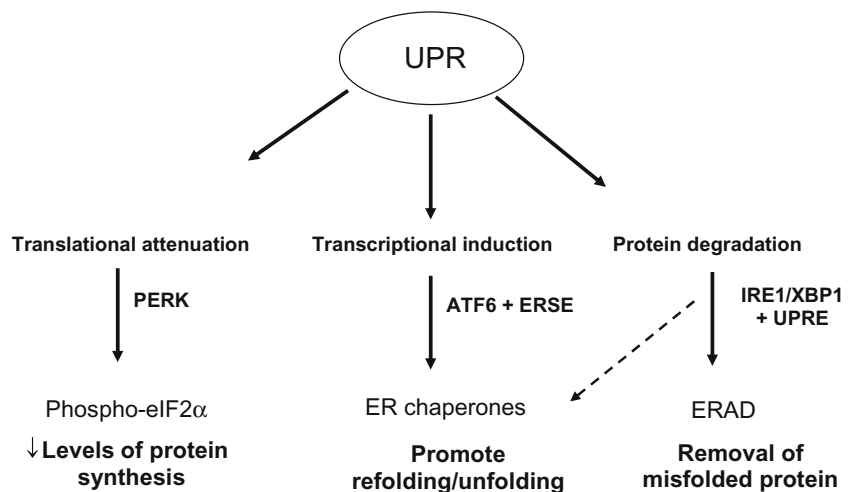
260 UPR

261 The UPR is a tripartite protective system including
 262 (i) the translational attenuation of global protein
 263 synthesis (Ron 2002); (ii) transcriptional induction of
 264 UPR target genes (Mori 2000) and (iii) ER-associated
 265 degradation (ERAD) in the proteasome (Kopito 1997)
 266 (Fig. 3).

267 Translational attenuation occurs as an immediate
 268 response that reduces the load of host protein synthe-
 269 sis in the ER and prevents further accumulation of
 270 unfolded proteins (Harding et al 2002). The type I
 271 transmembrane protein PKR-like ER kinase (PERK)
 272 phosphorylates translation initiation factor 2 (eIF2)
 273 on its alpha subunit (eIF2 α) at serine-51, thus inhibiting
 274 the initiation of global translation and paradoxically

291 promoting the translation of ATF4 mRNA, a bZIP 291
 292 transcription factor (Harding et al 2000). Targets of 292
 293 ATF4 include CHOP, GADD34, and ATF3 (Jiang 293
 294 et al 2004; Ma et al 2002). Transcriptional induction 294
 295 of UPR target genes involves the ER transmembrane 295
 296 protein inositol-requiring kinase 1 (IRE1) which can 296
 297 regulate chaperone induction, ERAD, and expansion 297
 298 of the ER in response to ER stress (Schroder and 298
 299 Kaufman 2005). IRE1 is an endoribonuclease that 299
 300 targets the basic leucine zipper (bZIP) transcription 300
 301 factor XBP-1 causing it to translocate into the nucleus 301
 302 and bind to ER stress response elements (ERSE) and/ 302
 303 or unfolded protein response elements (UPRE), acti- 303
 304 vating the transcription of ER chaperone genes, ER 304
 305 quality control genes, and folding enzymes (Yoshida 305
 306 et al 2001). The function of these gene products is 306
 307 to enhance correct folding of misfolded proteins 307
 308 and restore ER homeostasis. In a later phase of the 308
 309 UPR, components of ERAD are activated. This is 309
 310 the process whereby misfolded ER proteins are 310
 311 detected, prevented from progressing along the secre- 311
 312 tory pathway, and degraded by the ubiquitin-protea- 312
 313 some system (Kopito 1997; Travers et al 2000). The 313
 314 IRE1-XBP-1 pathway stimulates ERAD, increasing 314
 315 the capacity of ER-stressed cells to degrade irrevers- 315
 316 ibly misfolded proteins. EDEM (ER degradation- 316
 317 enhancing α -mannosidase-like protein) is a type II 317
 318 transmembrane protein localized to the ER and is a 318
 319 key component of the ERAD machinery (Yoshida 319
 320 et al 2003). Rather than being separately dispensable, 320
 321 the UPR and ERAD are delicately coordinated, 321
 322 complementary pathways that eliminate unfolded 322
 323 protein accumulation and prevent its toxic effects. 323
 324 The degradation of misfolded A1AT has been shown 324
 325 to be mediated by EDEM, a postulated Man8B- 325
 326 binding protein that can accelerate degradation of 326
 327 terminally misfolded proteins by promoting their 327

Fig. 3 Signals activated by the unfolded protein response



328 release from calnexin in an *N*-glycan dependent
329 manner (Hosokawa et al 2003; Oda et al 2003).

330 Apoptosis

331 Apoptosis is important for normal development and
332 tissue homeostasis; however, alterations in the rate of
333 apoptosis in certain tissues can cause disease. Pro-
334 longed ER stress leads to cell death, and is linked to
335 the pathogenesis of a number of neurodegenerative
336 conformational disorders, polycystic kidney disease
337 and ischaemia. ER accumulation of ZA1AT is known
338 to induce mitochondrial damage and caspase activa-
339 tion and is likely to play a role in ZA1AT-induced
340 liver cell injury. Recent studies have reported evidence
341 of cleavage and activation of the ER-specific caspase,
342 caspase-4, *in vivo* in ZAAT-deficient patients (Hidvegi
343 et al 2005), but a number of studies have failed to
344 detect terminally apoptotic cells *in vivo*, probably
345 owing to robust survival mechanisms in hepatocytes
346 (Perlmutter 2002; Teckman et al 2004). The mecha-
347 nism by which ZA1AT ER accumulation can activate
348 the apoptotic process has recently been delineated
349 (Miller et al 2007). siRNA studies demonstrated that
350 caspase-4, although activated, is not essential for
351 ZA1AT-induced apoptosis. P-I-3 kinase and Bad do
352 play a role and the bile acid tauroursodeoxycholic
353 acid can target this pathway to promote cell survival
354 in ZA1AT-expressing cells. Further studies comparing
355 the effects of ZA1AT on apoptosis in liver and lung
356 cells will no doubt provide new insights into the
357 mechanisms and outcomes involved.

358 A1AT deficiency-associated liver disease: 359 clinical manifestations and pathology

360 A1AT deficiency associated with the PiZ and PiM-
361 malton (Δ Phe52) (Fraizer et al 1989) mutations is most
362 frequently associated with liver disease. In PiZZ
363 individuals 10–15% develop clinically significant liver
364 disease in their first 20 years of life (Sveger and
365 Eriksson 1995) and are susceptible to liver damage as
366 a result of the accumulation of ZA1AT polymers in
367 the ER of hepatocytes. With the null mutation of
368 A1AT there is no intracellular accumulation and
369 therefore no hepatotoxicity or resulting liver damage.

370 The liver damage occurs through a gain-of-function
371 mechanism, unlike the lung disease, which is due to
372 loss-of-function. This gain-of function is also evident
373 in ZA1AT transgenic mice where liver disease is
374 apparent although normal levels of anti-elastases are
375 still present (Perlmutter 2002). Sharp and colleagues

(1969) first described cirrhosis in A1AT deficiency in 376
10 children from six families and later reported intra- 377
hepatocyte periodic acid–Schiff diastase-resistant 378
inclusions, which occur owing to polymer formation 379
of ZA1AT in the ER (Sharp et al 1971). In Sweden 380
between 1972 and 1974, 200 000 neonates were 381
screened for A1AT deficiency. 120 PiZZ, 2 PiZ–, 54 382
PiSZ and 1 PiS– children were found. Of these only 383
14 PiZZ children had prolonged jaundice, 9 of whom 384
had severe liver disease. All infants appeared healthy 385
at 6 months of age. Infants with a PiSZ phenotype had 386
no signs of liver disease (Sveger 1976). 387

Hepatic disease associated with A1AT deficiency is 388
most common in children. Of the 127 newborn PiZZ 389
infants studied by Sveger (1976), all showed increased 390
liver enzyme concentrations, 10% had prolonged 391
neonatal jaundice and 1 in 10 of these developed 392
cirrhosis and required liver transplantation. In early 393
childhood the most common presentation of A1AT 394
deficiency's effect on the liver is prolonged jaundice. 395
The stools generally contain no yellow or green 396
pigment, indicating cholestasis and mimicking biliary 397
atresia. All patients have hepatomegaly and about 398
50% also have splenomegaly. Approximately 5% of 399
the patients present with an increased bleeding ten- 400
dency. This is due to vitamin K deficiency caused by 401
the cholestasis-induced malabsorption. Less commonly 402
children present later in childhood with hepatospleno- 403
megaly or with cirrhosis (Kok et al 2007). Overall 10% 404
of PiZZ neonates develop hepatitis and cholestasis. 405
Cholestasis usually occurs in the first two months, 406
though it may persist for up to eight months. Breast- 407
feeding and vitamin E supplements are recommended 408
for cholestatic children (Sokol et al 1985). 409

In Italy routine neonatal screening found that 5% of 410
PiSZ children were affected by liver involvement with 411
elevated liver enzymes in early childhood. By the ages of 412
5 and 10 years, none had liver disease (Kok 2007). 413 Q6
Abnormal liver function is largely self-limiting, but it 414
can sometimes persist into adolescence. Of the neonates 415
screened in Sweden at the age of 16 years, elevated liver 416
enzymes were found in 17% of PiZZ adolescents and in 417
8% of PiSZ adolescents. The adults with liver disease in 418
infancy were clinically healthy (Sveger and Eriksson 419
1995). At the age of 26 years the PiZZ subjects were 420 Q7
compared to PiMM individuals. The PiZZ subjects had 421
normal lung function but 4–9% of them had mild liver 422
abnormalities (Pittulainen et al 2005). 423

In adults, liver damage can manifest itself as chronic 424
liver disease or hepatocellular carcinoma. Cirrhosis 425
may develop and hepatocellular carcinoma will result 426
in advanced cases; 5–10% of A1AT-deficient patients 427
over the age of 50 years will develop cirrhosis. A study 428

429 examining 19 adult patients with A1AT deficiency and
430 chronic liver disease revealed a late onset of symp-
431 tomatic hepatic abnormalities. Thirteen patients
432 (68%) were 60 years or older when the liver disease
433 was discovered. The mean ages of the patients with the
434 PiZZ, PiSZ, and PiMZ phenotypes were 58, 66, and
435 72.5 years, respectively; this suggested a later onset of
436 the liver disease in heterozygotes. At the time of
437 diagnosis, the hepatic condition was usually advanced
Q8 438 (Rakela et al 1987). According to Massi (1996),
439 cirrhosis may be accelerated by incorrect repair of
440 hepatic connective structures damaged by inflamma-
441 tory proteases. More recently, Rudnick and Perlmutter
442 (2005) have proposed a model whereby the accumula-
443 tion of ZA1AT in the ER activates a number of ER
444 stress responses but apoptosis is blocked at terminal
445 steps, generating a population of globule-containing
446 hepatocytes that are 'sick but not dead'. A trans-signal
447 generated by these cells stimulates proliferation of
448 adjacent globule-devoid hepatocytes. A cancer-prone
449 state is thus engendered by some cells that are unable
450 to die and others that are chronically dividing in an
451 inflamed milieu.

452 It is relatively uncommon for hepatic and pulmo-
453 nary disease to co-exist in the same individual. Liver
454 disease is thought to be caused by the retention of the
455 mutant, presumably hepatotoxic, ZA1AT molecule in
456 the ER of liver cells, as previously explained, with only
457 10–15% of PiZZ individuals developing clinically
458 significant liver disease. With the use of fibroblast cell
459 lines from PiZZ patients with liver disease
460 ('susceptible' hosts) compared with those from PiZZ
461 individuals without liver disease ("protected" hosts),
462 it was found that more efficient ER degradation of
463 retained mutant ZA1AT correlated with protection
464 from liver disease (Teckman et al 2001a). A detailed
465 elucidation of the mechanisms by which mutant
466 aggregated ZA1AT is degraded in the ER is essential
467 for understanding how the quality control apparatus of
468 the ER works in general and for understanding the
469 specific issue of how a subgroup of A1AT-deficient
470 individuals become susceptible to liver injury and
471 carcinogenesis. There are three main methods of degra-
472 dation. The first is proteasomal degradation (Teckman
473 et al 2001b) in a ubiquitin-dependent or ubiquitin-
474 independent manner (Teckman and Perlmutter 2000),
475 and there is also evidence that nonproteasomal mech-
476 anisms may contribute in part to ER degradation of
477 some substrates. In the case of A1AT the main non-
478 proteasomal method of degradation seems to be
479 autophagy (Teckman and Perlmutter 2000).

480 The consistent overt liver disease in newborns in
481 comparison with the occasional occurrence in young

adults may be explained by the lower capability of the 482
liver cells of infants to degrade the polymerized 483
protein (Carrell and Lomas 2002). Other factors can 484
also predispose A1AT-deficient individuals to liver 485
disease such as male sex and obesity (Bowlus et al 486
2005). The role of hepatitis is less clear. A study in 487
Austria looking at A1AT-deficient patients with chron- 488
ic liver disease found that of those with cirrhosis 62% 489
were HCV positive, 33% showed evidence of HBV 490
infection, 41% had a history of alcohol abuse, and 491
12% had features of autoimmune liver disease. Out of 492
53 cirrhotic A1AT-deficient patients, only 5 had no 493
co-existing liver disease. These authors suggested that 494
the risk for chronic liver disease is increased in patients 495
with the PiZ gene, because they may have increased 496
susceptibility to viral infection or additional factors 497
(Propst et al 1992). Another study looking patients 498
with end-stage liver disease found that the prevalences 499
of PiMZ and PiMS were 7.3% and 8.2%, respectively, 500
compared with 2.8% and 4.2% in the control popula- 501
tion. The odds of having a heterozygous Z phenotype 502
were significantly increased in patients with hepatitis C 503
virus, primary hepatic malignancy, and cryptoge- 504
nic cirrhosis compared with the control population. 505
Patients with hepatitis C or B virus were 3.6 times more 506
likely to have a heterozygous Z phenotype than a 507
normal phenotype compared with patients with dis- 508
eases of autoimmune aetiology (Eigenbrodt et al 1997). 509
However, some studies have found no association 510
between hepatitis C infection and A1AT deficiency 511
(Elzouki et al 1997). In particular, a study looking at 512
the PiMZ phenotype found that the prevalence of 513
A1AT PiMZ was no greater in hepatitis C patients than 514
in the general population—2% compared with 4% in 515
the Northern European population. Furthermore, there 516
was no difference in the prevalence according to the 517
degree of fibrosis on liver biopsy. Since PiMZ is 518
common it was expected that PiMZ would be over- 519
represented in either the group with fibrosis or with 520
cirrhosis if it was a major co-factor with HCV (Scott and 521
Egner 2006). Other co-morbidities such as autoim- 522
mune liver disease, alcoholic cirrhosis and non-alco- 523
holic steatohepatitis are all factors that can enhance 524
the phenotypic expression of liver disease in PiMZ 525
heterozygotes (Banner et al 1998; Bell et al 1990; 526
Bergwitz et al 2002; Bowlus et al 2005; Czaja 1998). 527

528 The clinical course of liver disease within siblings
529 with PiZZ A1ATD is not clear. Some studies have
530 demonstrated varying patterns of disease progression
531 within siblings (Cox and Mansfield 1987; Psacharopou-
532 los et al 1983). Hinds and colleagues (2006) retrospec-
533 tively analysed 29 families in which more than one
534 child was diagnosed with PiZZ A1AT deficiency and

535 compared the pattern of liver disease between affected
536 siblings: 72% of PiZZ siblings of the probands had
537 liver disease, which was equally severe in 29% of cases,
538 while 28% had no liver involvement. Also, 5 of 7
539 children requiring liver transplantation had siblings
540 with no persistent liver dysfunction, suggesting that
541 there is a variable degree of liver involvement in
542 siblings with ZA1AT-related liver disease and that
543 environmental and genetic factors are likely to be
544 involved in determining disease severity.

545 Polymerization of ZA1AT is accelerated with
546 increasing temperature. As A1AT is an acute-phase
547 reactant its expression also is regulated by tempera-
548 ture. Thus febrile episodes lead to increased A1AT
549 synthesis and, in the case of ZA1AT, a likely increase
550 in polymerization. Changes in temperature have the
551 potential to affect multiple steps in the pathways by
552 which ZA1AT is translocated through secretory and
553 degradative pathways. The variability in expression of
554 liver damage may be explained in part by individual
555 variations in episodes of systemic inflammation and
556 the concomitant increase in temperature. This was
557 recently also shown *in vitro* by Lawless and colleagues
558 (2004), who reported an increase in ER stress in a
559 model system of ZA1AT expression in the presence of
560 increased temperature.

561 Autophagy

562 Autophagy is the primary means for the degradation
563 of cytoplasmic constituents within lysosomes and is
564 the process by which cells recycle cytoplasm and
565 dispose of excess or defective organelles. Morpholog-
566 ical changes associated with autophagy, including
567 marked expansion and dilatation of the ER, are
568 characteristic of fibroblasts overexpressing ZA1AT
569 and liver cells from ZA1AT individuals (Teckman et
570 al 2004). ZA1AT molecules have been detected in
571 autophagosomes by electron microscopy and intracel-
572 lular degradation of ZA1AT can be partially reduced
573 by chemical inhibitors of autophagy, showing that ER
574 retention of ZA1AT is associated with a marked
575 autophagic response. It has also been reported that
576 the autophagic response induced by ER retention of
577 ZA1AT involves the mitochondria, with specific
578 patterns of both mitochondrial autophagy and mito-
579 chondrial injury seen in cell culture models of A1AT
580 deficiency, in PiZ transgenic mouse liver, and in
581 liver from A1AT-deficient patients (Perlmutter 2002;
582 Teckman and Perlmutter 2000; Teckman et al 2002).
583 Although the majority of PiZZ individuals are pro-
584 tected from liver injury by efficient mechanisms of

intracellular degradation of ZA1AT, it has been 585
suggested that patients susceptible to liver injury may 586
have inefficient mechanisms to deal with the aberrant 587
accumulation of misfolded ZA1AT. This may lead to a 588
net increase in ER accumulation of ZA1AT, and thus 589
chaperone dysfunction may have a role in susceptibil- 590
ity to development of A1AT-associated liver disease. 591
Calnexin, Grp78, Grp94, and Grp170 have all been 592
shown to interact with ZA1AT. Approximately 85% 593
of ZA1AT forms heterogeneous soluble complexes 594
with multiple chaperones, with the other 15% forming 595
large polymers or aggregates devoid of chaperones 596
(Schmidt and Perlmutter 2005). 597

Therapeutics for the liver disease 598

599 Currently liver transplantation provides the only
600 effective means of intervention for A1AT-deficient
601 patients with liver disease. Whilst transplantation has
602 been shown to successfully achieve A1AT serum
603 conversion, its usefulness as a treatment is confound-
604 ed by a lack of suitable donors and concomitant
605 immunosuppressive therapy. There is a 70–80%
606 survival rate in children, and up to 70% in adults.
607 One-year survival rates have improved over the past
608 several years to approximately 90% with the devel-
609 opment of improved immunosuppressive drugs. Xeno-
610 genic hepatocyte transplantation from living donors is
611 under investigation as an alternative to full liver
612 transplantation. In stem cell research, allogenic and
613 autologous stem cell transplants are also under devel-
614 opment. It has been suggested by Novoradovskaya
615 and colleagues (1998) that proteasome inhibitors such
616 as lactacytsin, an agent that binds covalently to the
617 active-site N-terminal threonine residue in certain
618 beta-subunits of the proteasome, may increase delivery
619 of ZA1AT to the extracellular milieu and provide a
620 potential treatment for ZA1AT deficiency and other
621 diseases associated with misfolded proteins. Unfortu-
622 nately, others failed to detect an increase in secretion
623 of ZA1AT from fibroblasts, hepatoma cells and
624 HeLa cells treated with lactacystin and furthermore
625 observed a marked increase in the formation of
626 insoluble aggregates of ZA1AT, which lessens enthu-
627 siasm for this agent as a therapeutic (Teckman et al
628 2001b). Chemical chaperones can reverse the cellular
629 mislocalization or misfolding of several mutant plasma
630 membrane, lysosomal, nuclear, and cytoplasmic pro-
631 teins. Compounds such as trimethylamine oxide
632 (TMAO), 4-phenylbutyric acid (4PBA) or glycerol have
633 potential to reverse the cellular mislocalization or
634 misfolding of ZA1AT. TMAO can stabilize both M

635 and Z A1AT in an active conformation, but rather
 636 than aiding the refolding of denatured A1AT instead
 637 enhances its polymerization (Devlin et al 2001). 4PBA
 638 alters secretion of ZA1AT without apparently increas-
 639 ing its *de novo* synthesis or decreasing ER degradation
 640 (Sharp et al 2006), while glycerol and erythritol,
 641 trehalose and glucose can all decrease the rate of
 642 ZA1AT polymerization but are unable to refold the
 643 misfolded conformer. The mechanism by which this
 644 occurs remains unclear, but it is not thought to be
 645 due to an increase in viscosity, rather to act via a spe-
 646 cific interaction between glycerol, for example, and
 647 ZA1AT that can slow down conformational transitions
 648 of the protein (Burrows et al 2000).

649 As ZA1AT deficiency occurs owing to a single gene
 650 defect, inhibiting expression of the ZA1AT gene
 651 represents a promising therapeutic strategy. Ribo-
 652 zyme-mediated specific gene replacement is a dual
 653 therapy that aims to treat the manifestations of A1AT
 654 deficiency by inhibiting the expression of the mutated
 655 gene with a ribozyme at the same time as replacing the
 656 defective gene the with a normally functioning A1AT
 Q10657 gene in the liver (Ozaki et al 1999). Unfortunately, this
 658 approach has not been successful to date. Although
 659 antisense technology held much promise initially, its
 660 usefulness *in vivo* for diseases other than A1AT has
 661 been confounded by the inherent instability of anti-
 662 sense molecules. Second- and third-generation oligo-
 663 nucleotides based on a peptide nucleic acid backbone
 664 are now available that have considerably improved
 665 stability and recent advances in gene knockdown
 666 technology (also known as RNA interference or
 667 RNAi) have superseded these other approaches to
 668 some extent. There are hopes that RNA, using siRNAs
 669 targeting A1AT may have therapeutic potential for
 670 A1AT deficiency (Cruz et al 2007).

671 Prevention of polymerization of ZA1AT may result
 672 in the release of mutant ZA1AT and relieve ER
 673 perturbations (Mahadeva et al 2002). Parfrey et al
 674 (2003) designed a synthetic peptide capable of insert-
 675 ing into a hydrophobic cavity of the A1AT molecule
 676 and preventing polymer formation. Obstacles that
 677 must be overcome for the future development of such
 678 inhibitors include efficient intracellular delivery sys-
 679 tems and the ability to reversibly remove the bound
 680 peptide from ZA1AT. Several imino sugar compounds
 681 have also been suggested to be useful for chemopro-
 682 phylaxis of the liver disease. For example, castano-
 683 spermine, kifunesine and deoxymannojirimicin have
 684 been shown to have positive effects in mediating an
 685 increase in secretion of ZA1AT protein (Marcus and
 686 Perlmutter 2000).

Lung disease: clinical manifestations

687

688 Patients with A1AT deficiency characteristically devel-
 689 op pulmonary disease in the third and fourth decades of
 690 life. Recent estimates suggest that 75–85% of patients
 691 with severe A1AT deficiency develop chronic obstruc-
 692 tive pulmonary disease (COPD) (Ranes and Stoller
 693 2005) and the majority of patients with A1AT
 694 deficiency have a history of cigarette smoking. In the
 695 National Heart Lung and Blood Institute (NHLBI)
 696 registry of A1AT deficiency, 8% were current smokers,
 697 72% were ex-smokers and 20% never smoked
 698 (McElvaney et al 1997). Common symptoms include
 699 shortness of breath on exertion, wheezing (with or
 700 without respiratory tract infection) and chronic cough.
 701 Individuals are usually diagnosed on the basis of
 702 pulmonary symptoms, but a substantial percentage,
 703 up to 20%, may only be detected through family
 704 screening, as many people with A1AT deficiency
 705 are asymptomatic without lung function impairment
 706 (Silverman et al 1989). Occasionally individuals are
 707 identified as a result of abnormal chest radiographs or
 708 pulmonary function tests (2%), liver disease (2%) or
 709 blood screening tests (1%) (Gadek and Crystal 1983).

710 The clinical signs of A1AT-related lung disease are
 711 those of obstructive lung disease and emphysema. They
 712 include hyperinflation of the chest and reduced inten-
 713 sity of breath and heart sounds as well as wheezing in up
 714 to 20% of cases (Cox 1999; Tobin et al 1983). The
 715 association between A1AT deficiency and the devel-
 716 opment of emphysema was first described in 1963
 717 (Eriksson 1963). The typical pattern shows lower zone
 718 predominance, although emphysema may affect all
 719 zones. The characteristic pulmonary pathological
 720 abnormality is diffuse emphysema. This contrasts with
 721 centrilobular emphysema characteristic of cigarette
 722 smoking, which predominantly affects the respiratory
 723 bronchioles in the central portion of the lobule. These
 724 pathological abnormalities are reflected in a charac-
 725 teristic appearance on plain chest radiographs. There
 726 is a hyperlucent appearance with a basal predilection
 727 and oligoemia because of destruction of the pulmo-
 728 nary parenchyma and progressive loss of vascularity
 729 (Brantly et al 1988; Gishen et al 1982).

730 High-resolution CT (HRCT) scan of the chest
 731 demonstrates widespread abnormally low-attenuation
 732 areas resulting from a lack of lung tissue. There
 733 are also increased air spaces and bullous formation
 734 (Guest and Hansell 1992). These changes predate the
 735 associated abnormalities of pulmonary function
 736 (McElvaney et al 1989; Simon et al 1989). In moderate
 737 disease the panlobular nature of the process and the

738 characteristic lower zone predominance are more
 739 obvious. Very severe forms may be indistinguishable
 740 from severe centrilobular emphysema (Fig. 4).

741 Pulmonary function in patients with established
 742 disease reveals evidence of reduced forced expiratory
 743 volume in 1 second (FEV₁), whereas the forced vital
 744 capacity (FVC) is generally preserved or modestly
 745 reduced (Brantly et al 1988). Both residual volume and
 746 total lung capacity are increased. The diffusing capacity
 747 of the lung for carbon monoxide is diminished and
 748 the alveolar-arterial oxygen gradient is widened. Flow-
 749 volume curves demonstrate coving of the expiratory
 750 portion of the curve, reflecting expiratory flow limita-
 751 tion (Fig. 5). Pulmonary function can be preserved
 752 until the fifth or even sixth decade of life in those who
 753 have never smoked and generally until the third or
 754 fourth decade of life in most other patients (Wall et al
 755 1990). Airflow limitation seen on pulmonary function
 756 testing is not always fixed and the symptoms and signs
 757 in A1AT deficiency can be similar to features of
 758 asthma. Patients can often be given this diagnosis in
 759 childhood or early adulthood. Indeed, 15% of patients
 760 in a Swedish cohort identified by neonatal screening
 761 had been diagnosed as having asthma by the age of
 762 22 years (Piitulainen and Sveger 2002).

763 Other than emphysema and airflow obstruction,
 764 patients may also have chronic bronchitis or bron-
 765 chiectasis. Patients with chronic bronchitis tend to
 766 have more severe airflow obstruction and more
 767 extensive emphysema than those without chronic
 768 bronchitis, despite similarities in age and smoking
 769 history (Dawson et al 2002). Exacerbations occur
 770 more frequently in patients with chronic bronchitis,
 771 in index patients identified as a result of their lung
 772 disease, and in those with more severe disease as



Fig. 4 Slice through lung bases from HRCT of the thorax of a 56-year-old woman with A1AT deficiency, showing widespread emphysematous change bilaterally

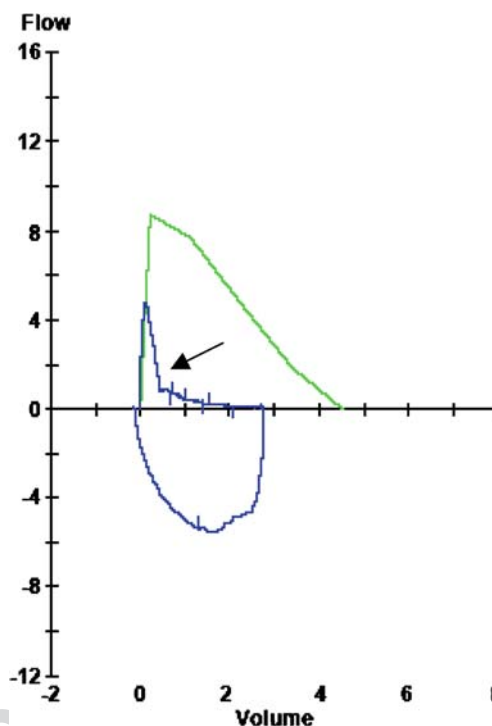


Fig. 5 Flow-volume loop of a 61-year-old man with A1AT deficiency. There is coving of the expiratory portion of the curve (see arrow), reflecting expiratory flow limitation. A normal expiratory curve is shown in green

773 assessed by the GOLD (Global Initiative for Chronic
 774 Obstructive Lung Disease) criteria (Pauwels et al
 775 2001). A tentative association with Wegener granulo-
 776 matosis has also been suggested and a number of
 777 other conditions, including rheumatoid arthritis and
 778 hepatocellular carcinoma, have been reported to
 779 occur with increased frequency in patients with
 780 A1AT deficiency.

Therapeutics for A1AT-related lung disease

781
 782 A1AT has been purified from the plasma of healthy
 783 individuals and delivered intravenously to patients
 784 with A1AT deficiency since 1987 (Wewers et al
 785 1987). This intravenous augmentation therapy used a
 786 dose of 60 mg/kg body weight weekly, and successfully
 787 raised levels of serum A1AT above the putative
 788 protective threshold of 11 μmol/L throughout the
 789 duration of therapy. Furthermore, serum anti-neu-
 790 trophil elastase capacities increased from 5.4±0.1 to
 791 13.3±0.1 μmol/L and there were concomitant signifi-
 792 cant increases in A1AT levels in BAL fluid. A number
 793 of plasma-derived intravenous augmentation products
 794 have been developed but, as yet, conclusive evidence
 795 of their effectiveness in preventing A1AT deficiency-

Fig. will appear colour online but black and white in print unless you request otherwise and editors agree

796 associated lung disease is lacking. As yet none has
797 been evaluated in randomized placebo-controlled
798 trials to show effectiveness in treating or preventing
799 emphysema.

800 Alternative routes of administration of augmenta-
801 tion therapy, most notably delivery by inhalation, are
802 being explored. The ease of administration compared
803 with the intravenous route, as well as the use of
804 smaller doses, makes delivery by inhalation an attrac-
805 tive option. It has been shown that the airways of
806 individuals with A1AT deficiency are under a constant
807 inflammatory barrage (Rouhani et al 2000) and that
808 administration of exogenous inhaled A1AT can recon-
809 stitute the lower respiratory tract anti-protease screen
810 and potentially reduce inflammation (Hubbard and
811 Crystal 1990; Hubbard et al 1989). Polymerization of
812 locally produced ZA1AT acts as a neutrophil chemo-
813 attractant in A1AT deficiency and is a contributory
814 factor to the lung inflammation (Mulgrew et al 2004),
815 thus standard anti-protease therapies alone may not
816 address the problem fully.

817 There is increasing evidence that A1AT has anti-
818 inflammatory activity independent of its anti-protease
819 effects. This suggests that the administration of aug-
820 mentation therapy may do more than simply restore
821 the protease/anti-protease balance. Monocytes that
822 have been induced to express surface PR-3 release
823 significant amounts of biologically active IL-8 when
824 exposed to either monoclonal anti-PR-3 IgG or IgG
825 from Wegener granulomatosis patients with high titres
826 of cANCA. Interestingly, this interaction is prevented
827 by the addition of A1AT (Ralston et al 1997),
828 suggesting that A1AT may indirectly regulate inflam-
829 mation by suppressing the inflammatory cascade
830 induced by cANCA. A1AT has also been shown to
831 inhibit lipopolysaccharide-mediated human monocyte
832 activation *in vitro*. (Janciauskiene et al 2004).

833 Worries surrounding the potential transmission of
834 infectious agents by a human plasma-derived product
835 have led to the development of transgenic/recombi-
836 nant sources of human A1AT and the evaluation of
837 synthetic inhibitors of neutrophils elastase (NE).
838 Transgenic production of human A1AT protein has
839 been achieved in goats (Ziomek 1998) and sheep
840 (Wright et al 1991), and human A1AT has also been
841 produced in yeast using recombinant technology
842 (Casolaro et al 1987). Unfortunately, all these proteins
843 are cleared rapidly from the human circulation. Those
844 raised in yeast are non-glycosylated, with a resultant
845 short plasma half-life, while those produced from
846 transgenic animals have different glycosylation pat-
847 terns also leading to alterations in half-life and making

848 their intravenous use impractical. The inhaled route,
849 however, is a possibility for the future. Several
850 inhibitors of NE have been evaluated in humans but
851 not in A1AT deficiency to date (Cadene et al 1997;
852 Edwards and Bernstein 1994; Kawabata et al 1991;
853 Luisetti et al 1996; Williams et al 1991).

854 Other treatments, although not all specific for
855 A1AT deficiency emphysema, are under investigation.
856 The administration of all-*trans* retinoic acid (ATRA) is
857 being studied in relation to pulmonary emphysema in
858 the general COPD population and may have a
859 potential application in A1AT deficiency. Retinoids
860 can activate genes involved in lung development and
861 promote alveolar septation and growth. Clinical trials
862 to date are disappointing, however (Mao et al 2002).
863 Trials of inhaled hyaluronic acid in individuals with
864 A1AT deficiency are based on the fact that animals
865 administered hyaluronic acid are protected from exo-
866 genous NE-induced emphysema (Cantor et al 1995,
867 1998). Drugs with antioxidant potential are also being
868 considered. A number of gene therapeutics for A1AT
869 deficiency have been developed. For example, the
870 normal A1AT gene has been successfully introduced
871 into the striated muscle cells of animals using an
872 adeno-associated virus vector (Song et al 1998; Flotte
873 2002). However, this approach does not address the
874 problems associated with endogenous production of
875 abnormal A1AT, making the role of gene-targeted
876 therapies more appealing.

877 The future and A1AT deficiency

878 The past 40 years have seen a huge increase in our
879 understanding of the molecular basis of the lung
880 and liver manifestations of A1AT deficiency. This
881 knowledge, in conjunction with significant technolog-
882 ical and pharmacological advances, has led us to
883 a point where it is possible to manage and relieve
884 many of the clinical manifestations associated with
885 this disorder. However, our goal as clinicians and
886 scientists is to develop an effective cure, and as yet
887 there are still many unanswered questions. Given the
888 emerging complexity of signalling cascades regulating
889 protein folding, intracellular stress responses and
890 inflammation, it appears that the way to achieve this
891 goal will be by gaining even greater insights into the
892 key factors regulating the different aspects of this
893 complex disorder. What is known to date regarding
894 A1AT deficiency is likely to have implications for
895 other conformational diseases, in particular the serpi-
896 nopathies and neurological disorders associated with

897 aberrant protein folding. Reciprocally, it is likely that
898 therapeutics developed for these diseases may, in turn,
have use for A1AT deficiency.

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UNCORRECTED PROOF

AUTHOR QUERIES

AUTHOR PLEASE ANSWER ALL QUERIES.

- Q1. Please check if affiliation was captured correctly.
- Q2. Should this author *also* be shown as RCS Ireland [affiliation for the work presented] since the Trinity address was given only as “current address”?
- Q3. Only 1998 is listed: is that reference intended?
- Q4. “substitution of a valine residue **for** glutamate ... (Val264Glu) – OK? Should it be Glu264Val? Or “substitution of a valine residue **by** glutamate”? [Original residue precedes number and changed residue follows it? See Glu342Lys next.]
- Q5. “Elliott 1998” was changed to “Elliott et al. 1998”. Please check if appropriate.
- Q6. Reference not listed.
- Q7. Is this the reference that was intended?
- Q8. Reference not listed.
- Q9. What is meant here? Just that 29% had severe disease?
- Q10. Is **this** the reference that was intended?
- Q11. Year amended. OK?
- Q12. Year amended. OK?